



*United Way of Regina*

# GenNext

*Newsletter*

*July 5, 2010*



**United Way  
of Regina**

## **In this issue:**

- **Day of Caring®**
- **Funded Partner  
Tour: Family Service  
Regina**
- **Feature:  
GenNexter Profile**

## **GenNext**

Our GenNext Program focuses on raising awareness and support for United Way among those in their 20's & 30's – this community's next generation of leaders. Led by a committee of volunteers, GenNext creates opportunities for individuals to participate in fundraising and volunteer activities that will make a meaningful contribution to our community. The group's mandate is to promote involvement in charitable activities and to support the goals of United Way of Regina.

## **Get Involved**

If you're over 19 years of age and interested in making a meaningful contribution to your community consider United Way of Regina's GenNext Program. We believe the future of our community promises something pretty exciting and we want you to be a part of it.

GenNext is currently looking for committee members. Please review the **Volunteer Application** form and submit with your expression of interest email to

**[GenNext@unitedwayregina.ca](mailto:GenNext@unitedwayregina.ca)**



# Day of Caring® @ SCEP CENTRE

On June 23, 2010 United Way of Regina GenNext volunteers participated in the 13<sup>th</sup> annual Day of Caring® week, which is one of Regina's biggest annual volunteer events. During this week, individuals get the chance to learn about community-based organizations and the amazing work that they do to make a difference in our community. In turn, volunteers get to demonstrate what it means to give back to the community and make a difference for those in need.



Members of the GenNext committee visited SCEP CENTRE to help out with their year-end picnic for kids and parents alike. SCEP CENTRE is an intensive, early intervention, preschool program supporting the development of children with complex needs and offering guidance and support for their parents.

SCEP CENTRE was created in 1968 as a remedial, professional service for young children with Socialization, Communication, and Education problems. Integral to SCEP's approach are services for the children's caregivers. The approach is holistic and based on respect for each child as an evolving, striving young person with a unique history, with individual needs, abilities and limitations.

United Way of Regina's Day of Caring® takes place annually in June. For more information visit [http://www.unitedwayregina.ca/impact/impact\\_doc.html](http://www.unitedwayregina.ca/impact/impact_doc.html)



## *Funded Partner Tour: Family Service Regina*

On Wednesday May 12, 2010 GenNext attended a Funded Partner Tour at Family Service Regina (FSR). Greeted by friendly staff at 8:30 a.m. the Executive Director, Shellie Pociuk provided an informative presentation to the nine attendees. Initially founded in 1913, FSR provided relief to the poor in a time before social assistance, unemployment and the many government services we now take for granted existed.

Today, FSR provides a multitude of programs, services and workshops across a spectrum of topics including individual counseling, victim services, stress/anger management, self-esteem, marriage and blended family counseling. A few of their programs include: Choices for Change, When Love Hurts, Employee & Family Assistance Program, Teen Parent Program, Families & Schools Together and more.

FSR's vision is for a vibrant and inclusive community where families and individuals thrive. When you help an individual or family to stop the cycle of abuse, or connect them to a program that empowers them to regain a sense of dignity, importance and self-worth – our entire community benefits.

One of the many worthwhile programs at FSR that is completely self-funded and relies solely on donations to operate is "When Love Hurts". A program designed for females 13 – 22 to help girls find their way out of abusive relationships. The average age of participants in the program is 16 years and 80% of pregnant and parenting teens are victims of dating abuse. With your support, United Way of Regina helps support programs like When Love Hurts – making sure they are available for those who need it, when they need it. In the past year, 12,000 people have reached out to FSR for information and support. Their impact is far reaching and life changing.

Together, we are changing lives.

# GenNexter Profile



<b>Full Name</b>	Megaen Reader
<b>AKA</b>	Megs
<b>Age</b>	29
<b>Gender</b>	Female
<b>Job title/profession</b>	eTeacher
<b>Employer</b>	Credenda Virtual High School
<b>Education</b>	Bachelor of Arts ('03) and Education ('05) – U of S  Masters of Education- Educational Technology ('10) - Wilkes University
<b>Interests</b>	Reading, water sports, digital scrapbooking
<b>My dream job</b>	Travel Writer
<b>City I was born in</b>	Lafleche
<b>City I live in</b>	Regina
<b>Info about my family</b>	Married to Derek, son Tate (born October 2009), and a puggle - Kevin.
<b>Favourite movie</b>	Kill Bill
<b>Favourite musical group</b>	Green Day
<b>Favourite TV show</b>	The Office
<b>Most interesting place I've travelled</b>	I've visited many northern Saskatchewan communities including Clearwater River, Black Lake, Stony Rapids and Southend.
<b>If I won the lottery, the first thing I would do/buy</b>	Help my parents retire!
<b>A fact about myself you probably don't know</b>	I may have a slight addiction to MTV
<b>Current and/or Past Volunteer Roles/Positions</b>	United Way GenNext, tutored at the YMCA, reading/breakfast program for Saskatoon's community schools, Habitat for Humanity
<b>What GenNext means to me/why I am involved</b>	I've been blessed in my life with a great family and great friends. These people have taught me the value of giving and caring. As an educator, I have learned that empowering others does not only help them but has a trickle down effect that leads to community improvement as well. More egocentric reasons- participating in GenNext is an opportunity to meet other GenNexters, have a lot of fun and it makes you feel good about yourself!